

pickles.

BUILD YOUR OWN BOWL

1. CHOOSE YOUR BASE

OG Acai £9.95
(GF/VG)

Yogurt £7.95
Greek yogurt or dairy-free coconut
yogurt (GF/VGO)

Overnight Oats £7.95
Creamy oats soaked in coconut
milk overnight (GF/VG)

2. CHOOSE 4 TOPPINGS

Banana, granola (GF/VG), strawberries,
blueberries, mango, cacao nibs, hemp
seeds, coconut chips, greek yogurt,
coconut yogurt (VG), chocolate chips,
chopped dates, flaked almonds (N), goji
berries, chia seeds, cinnamon, berry
compote
(additional toppings: £1)

3. CHOOSE A SAUCE

Peanut butter (N/VG), almond butter (N/VG), nutella (N), biscoff spread (G/VG),
agave (VG), maple syrup (VG), honey

(additional sauce: £1)

TOPPED TOASTS

Toasted gluten-free sourdough with your choice of topping:

Hot Avo Smash

Avocado smash, mixed
toasted seeds, chilli flakes &
hot honey
(GF, DF, VGO)

£8.95

Zesty Tuna Crunch

Tuna salad with spring onion &
red peppers, mixed toasted
seeds, chilli flakes, & rocket
(GF, DF)

£8.95

Add ons:

Hot honey, crumbled feta (VG/GF), chilli oil (VG)

£1

Loaded Banana Loaf

Banana loaf with greek or coconut yogurt, banana
slices, peanut butter, cacao nibs, granola, cinnamon &
agave
(GF, VGO, N)

£8.95

menu

Allergies

Please inform a member of staff if you have any allergies.

VG - Vegan, GF - Gluten Free, VGO - Vegan option available, DF - Dairy Free, N - Contains Nuts, GFO - Gluten free option available

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Americano	£3.5
Latte	£3.9
Cappuccino	£3.8
Espresso	£2.5
Double Espresso	£2.9
Flat White	£3.8
Mocha	£4.1
Hot Chocolate	£3.8
Kids Hot Chocolate	£2.9
Matcha Latte	£4.2
Chai Latte	£3.9
Iced Latte	£3.9
Iced Americano	£3.5
Iced Mocha	£4.1

MILK OPTIONS

Semi-skimmed Dairy

Plant-based alternatives:
Coconut - Soya - GF Oat
(GF/VG)

SYRUPS (+50P)

Sugar-free Hazelnut (N)/ Sugar-free
Vanilla / Sugar-free Caramel /
Gingerbread White Chocolate
(GF/VG)

EXTRAS (+50P)

Extra shot of coffee
Whipped Cream (GF/VG)
Marshmallows (GF/VG)

TEAS £3.1

English Breakfast - Earl Grey - Decaf -
Pure Peppermint - Sencha Green -
Lemon & Ginger Zing - Raspberry
Lemonade - Masala Chai
(VG/GF)

ICED TEA

Peach	£3.7
Raspberry	£3.7

COLD DRINKS

Poppi Soda (see counter for flavours)	£2.9
Coke	£2.1
Diet Coke	£2.1
Apple Juice	£2.5
Orange Juice	£2.5
Spring Water	£1.9
Sparkling Water	£1.9

ICED MATCHA

Original	£4
Vanilla	£4.5
Strawberry + strawberry cold foam (VG)	£4.7 50p
Blueberry	£4.7
Raspberry & White Chocolate + white choc cold foam (VG)	£4.7 50p
Banana Loaf + vanilla cold foam & banana loaf slice (GF/VG)	£4.7 £1

(GF/VG)

see counter for specials

drinks

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SMOOTHIES

Green Queen £6.75

Mango, avocado, spinach, cucumber, lime & apple juice (GF/VG)

Kiss My Acai £6.75

Acai, banana, blueberries, raspberries, mango & coconut water - topped with granola (GF/VG)

Holy Cacao £6.75

Raw cacao, banana, peanut butter, coconut milk, agave & chopped dates - topped with cacao nibs (GF/VG/N)

Golden Hour £6.75

Pineapple, mango, banana, coconut milk and water, ginger, turmeric & lime - topped with coconut chips (GF/VG)

Whisk Me Away £6.95

Matcha powder, avocado, banana, coconut milk, agave & vanilla (GF/VG)

The Glow Up £6.95

Strawberries, banana, blueberries, carrot, collagen powder, beetroot powder, almond butter, coconut milk & vanilla (GF/N)

Morning Glory £6.95

Espresso shot, banana, oat milk, yogurt, peanut butter, cacao & agave - topped with granola (GF/VGO/N)

PROTEIN SHAKES

The OG £5.5

Vanilla or chocolate protein, add choice of milk / water / both (GF/VGO)

The Nutta £7.5

Vanilla vegan protein, banana, peanut butter, chia seeds, coconut milk & dates - topped with cacao nibs (GF/VG/N)

Berry Cheesecake £7.5

Vanilla vegan protein, mixed berries, COYO, peanut butter & coconut milk - topped with crumbled biscuit base (GF/VG/N)

Cinnamon Swirl £7.5

Vanilla vegan protein, banana, GF oats, cinnamon, vanilla, soya milk & almond butter (GF/VG/N)

Add-ins

Collagen, peanut or almond butter (N), espresso shot (+50p)

Vegan protein - Chocolate / Vanilla (£1) (GF/VG)

Toppings + £1

Chia seeds, cacao nibs, goji berries, chopped dates, hemp seeds, flaked almonds (N)

drinks

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