

pickles.

BUILD YOUR OWN BOWL

1. CHOOSE YOUR BASE

OG Acai **£8.95**
(VG/GF)

Yogurt **£7.50**
Greek yogurt or dairy-free coconut
yogurt (VGO/GF)

2. CHOOSE 4 TOPPINGS

Banana, granola (GF/VG), strawberries,
blueberries, mango, cacao nibs, hemp
seeds, coconut chips, chocolate chips,
chopped dates, flaked almonds (N), goji
berries, chia seeds

(additional toppings: £1)

3. CHOOSE A SAUCE

Peanut butter (N), almond butter (N), nutella (N/GF), biscoff spread (G), agave
(VG), maple syrup (VG), honey

(additional sauce: £1)

TOPPED TOASTS

Hot Avo Smash

Avocado smash, hot honey,
mixed toasted seeds, & chilli
flakes
(VE, DF, GF)

£8.75

Zesty Tuna Crunch

Tuna salad, mixed toasted
seeds, chilli flakes, &
rocket
(GF, DF)

£8.75

PBJ Banana

Peanut butter, raspberry
jam, banana, honey, &
granola
(VE, DF, GF, N)

£8.75

Loaded Banana Loaf

Banana loaf with greek yogurt, banana slices, peanut
butter, cacao nibs, granola, cinnamon & agave
(GF, VGO, N)

£7.95

menu

Allergies

Please inform a member of staff if you have any allergies.

VG - Vegan, GF - Gluten Free, VGO - Vegan option available, DF - Dairy Free, N - Contains Nuts, GFO - Gluten free option available

pickles.

Americano	£3.5
Latte	£3.7
Cappuccino	£3.7
Espresso	£2.5
Double Espresso	£2.9
Flat White	£3.7
Mocha	£3.8
Hot Chocolate	£3.7
Kids Hot Chocolate	£2.9
Matcha Latte	£3.9
Chai Latte	£3.9
Iced Latte	£3.9
Iced Americano	£3.7
Iced Mocha	£4.1

MILK OPTIONS

Semi-skimmed Dairy

Plant-based alternatives:
Coconut / Soya / GF Oat
(GF/VG)

SYRUPS (+50P)

Sugar-free Hazelnut (N)/ Sugar-free
Vanilla / Sugar-free caramel / Gingerbread
(GF/VG)

EXTRAS (+50P)

Extra shot of coffee
Whipped Cream VG/GF
Marshmallows GF

TEAS £2.9

English Breakfast - Earl Grey - Decaf -
Pure Peppermint - Sencha Green -
Lemon & Ginger Zing - Raspberry
Lemonade - Masala Chai
(VG/GF)

ICED TEA

Peach	£3.7
Raspberry	£3.7

COLD DRINKS

Kiwi, Lime & Mint	£3.2
Peach & Green Tea	£3.2
Lemon, Lime & Ginger	£3.2
Coke	£2.1
Diet Coke	£2.1
Apple Juice	£2.5
Orange Juice	£2.5

Spring Water	£1.9
Sparkling Water	£1.9

ICED MATCHA

Original	£3.9
Vanilla	£4.2
Strawberry	£4.5
Blueberry	£4.5
(GF/VG)	

SWEET TREATS

See the counter for today's delicious
selection of pastries and baked goods.
(GF, VG, and DF options available)

drinks

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SMOOTHIES

Green Queen £6.75

Mango, avocado, spinach, cucumber, lime & apple juice (GF/VG)

Kiss My Acai £6.75

Acai, banana, blueberries, raspberries, mango & coconut water - topped with granola (GF/VG)

Holy Cacao £6.75

Raw cacao, banana, peanut butter, coconut milk, agave & chopped dates - topped with cacao nibs (GF/VG/N)

Golden Hour £6.75

Pineapple, mango, banana, coconut milk and water, ginger, turmeric & lime - topped with coconut chips (GF/VG)

Whisk Me Away £6.95

Matcha powder, avocado, banana, coconut milk, agave & vanilla (GF/VG)

The Glow Up £6.95

Strawberries, banana, blueberries, carrot, collagen powder, beetroot powder, almond butter, coconut milk & vanilla (GF/N)

Morning Glory £6.95

Espresso shot, banana, oat milk, yogurt, peanut butter, cacao & agave - topped with granola (GF/VGO/N)

PROTEIN SHAKES

Please note the protein powder is GF but not suitable for coeliacs

The OG £5.5

Vanilla or chocolate protein, add choice of milk / water / both.

The Nutta £7.5

Vanilla vegan protein, banana, peanut butter, chia seeds, coconut milk & dates - topped with cacao nibs (GF/VG/N)

Berry Cheesecake £7.5

Vanilla vegan protein, mixed berries, COYO, peanut butter & coconut milk - topped with crumbled biscuit base (GF/VGO/N)

Cinnamon Swirl £7.5

Vanilla vegan protein, banana, GF oats, cinnamon, vanilla, soya milk & almond butter (GF/VG/N)

Add-ins + £1.5

Vegan protein, collagen, peanut or almond butter (N), espresso shot (VG/GF)

Toppings + £1

Chia seeds, cacao nibs, goji berries, chopped dates, hemp seeds, flaked almonds (N)

drinks

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P U P P Y P A N T R Y

Puppacino

£1.50

Milk foam

Pup-Sicle

£3.50

The ulti-mutt strawberry and vanilla ice cream treat

Boar-dom Buster

£3.50

Slow roasted crunchy boar chew - grain free, gluten free, hypoallergenic and high in protein

Hop To It Stick

£3.50

Rabbit chew - Softer option for small, extra small, senior dogs and puppies - grain free, gluten free, hypoallergenic and high in protein

Slurp Station

Complimentary fresh water - refilled and refreshed regularly

📸 **Don't forget to tag your pup @pickles.cheltenham for a chance to be our Dog of the Week!**

pups